

**Welcome to the wonderful world**

**of** *move on* The logo for 'move on' features the words 'move on' in a lowercase, sans-serif font. To the right of the text is a stylized graphic consisting of three green arrows pointing upwards and outwards from a central point, suggesting movement or progress.

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A thick, dark blue horizontal bar with rounded ends, positioned at the bottom of the slide.

# Today we will look at:



- Who are the peer educators?
- What they gain from being involved
- A *move on* game
- Benefits and challenges of peer education

## What we do:

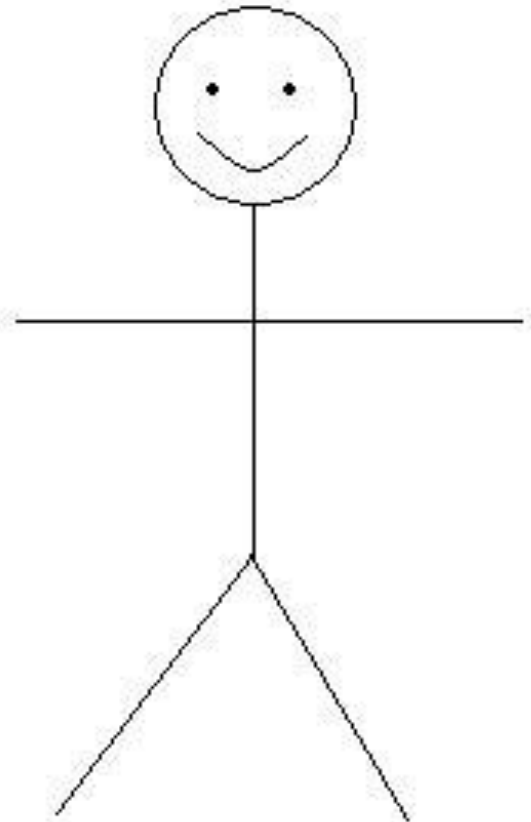
Move On succeeds in supporting young volunteers, aged 16 to 30 in sustaining their role as **peer educators**.

- Peer educators deliver fun and informative workshops to other young people, often by sharing their own experiences.

# Our Volunteer Peer Educators

- Housing education volunteers – young people who have experienced homeless and/or being looked after (aged 16-28) deliver workshops on housing and independent living issues
- Inspiring Scotland volunteers – young people from any background (16-18) deliver workshops on peer pressure, bullying, risk-taking behaviour, offending behaviour, healthy choices, healthy relationships, future aspirations, active citizenship.

# Volunteer example



< - - Jemima!

# Move On provides volunteers with:

- A thorough recruitment process
- Interactive training
- Option to complete SCQF level 5
- One-to-one support
- Rickter scale personal development
- Lots of opportunities –workshops, conferences.....
- Expenses – travel, food, childcare
- Enhanced disclosure
- Approval from Social Work/Education department

# The benefits of volunteer peer educators



- Valuable experience working with young people
- Boosts communication and social skills
- Level 5 SCQF qualification
- Get to meet lots of new people and make friends
- Boosts confidence and self-worth
- Respect
- Experience working in teams
- Get to hear a wide variety of different opinions

# More Benefits

- It's fun!
- Organisational skills improve
- Be part of something positive
- Learn stuff about yourself
- Learn new information and skills
- References
- New opportunities
- Millennium Volunteer Award
- And free food of course!

*move on* 

*move on* 

# Homeless Hopscotch

# Other Move On games..



- Who wants to be a Hostellaire?
- Spin it to Win It?
- Life Hurdles
- Care Pairs
- Moveon-opoly
- And many more...

# The benefits of peer education for a young participant



- Someone close to their age talking to them, i.e. not a teacher lecturing them
- Discussing topics that are relevant to them
- Get to ask questions without being judged
- A friendly environment in which they can relax
- Hearing real points of view
- Straight talk
- Fun games
- Advice and information to help them make informed choices in their life
- Hearing advice from someone who's been there and learning from their experiences
- Different opportunities



## Some challenges of peer education


- Trust from schools and other organisations
- Recruiting volunteers
- Sustaining volunteers

# Discussion points

- Are young people more likely to listen to a peer and will it help them make positive life choices?
- Does peer education take pressure off workers?
- What are the opportunities and barriers to using peer education in your area?

# How does Move On support our peer educators?

The following process is used in recruiting, training and supporting our peer educators.



# Recruitment



- Word of mouth
- Peer educators telling others about their experience
- Using good relationships with other organisations and the council
- Visiting youth groups, hostels
- Sample workshops – come and see what we do
- Funky posters

# First Chat



(location: wherever the young person feels comfy and with or without a referring worker)

- Cups of tea and munchies
- Telling the person all about Move On
- Making them aware of disclosure process
- A laugh!!

# Follow up meetings



- Why do you want to be involved?
- Expectations – ours and yours
- Young person gives us background information about their experiences
- Everything is confidential
- Munchies, tea and laughs

# First group drop-in



- Informal first group meeting
- Guess what?..... munchies
- Play some icebreakers and *move on* games
- Get to know other volunteers and staff
- Peer support from experienced volunteers

# Training with support



- One day a week training
- Training is fun, accessible with lots of interaction and discussion
- Support and supervision – informal and formal one-to-one meetings
- Peer support from experienced volunteers
- Lots of different organisations involved

# Disclosure



- Young person is honest with us about any previous convictions
- Convictions aren't necessarily a barrier
- Pay for birth certificates
- Fill in the form with support if necessary

## External approval

- Peer educator writes a letter of disclosure, if they have convictions
- Preparation for the interview
- Supportive interview from social worker or teacher, with Move On staff present
- Yippee! You made it!

# Personal stories and workshops

- What do you want to share with others?
- What would you prefer to keep to yourself?
- Work it out with a member of staff

# Yippee! U R a peer educator!

- Certificate & gift vouchers
- Doing workshops
- Coming to drop-ins
- Monthly volunteer meetings
- And loads more besides.....

## What the young people said this year:

- Liked hearing about real stories
- People organising had personal experience which made the presentation more convincing
- Very informative, involved everyone
- Relaxed atmosphere & non-patronising
- It wasn't like a school lesson
- The guys were easy to speak to
- Inventive methods of education
- Awesome – Give Danny a pay rise!
- Very amusing 5 \*\*\*\*\*

# Contacts



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