

Welcome to the wonderful world

of *move on* The logo for 'move on' features the words 'move on' in a lowercase, sans-serif font. To the right of the text is a stylized graphic consisting of three green arrows pointing upwards and to the right, with a curved line passing through them.

Joanna Jarvis

Lisa Anderson

Sinead Russell

A thick, dark blue horizontal bar with rounded ends, positioned at the bottom of the slide.

Today we will look at:



- Who are the peer educators?
- What they gain from being involved
- A *move on* game
- Benefits and challenges of peer education

What we do:

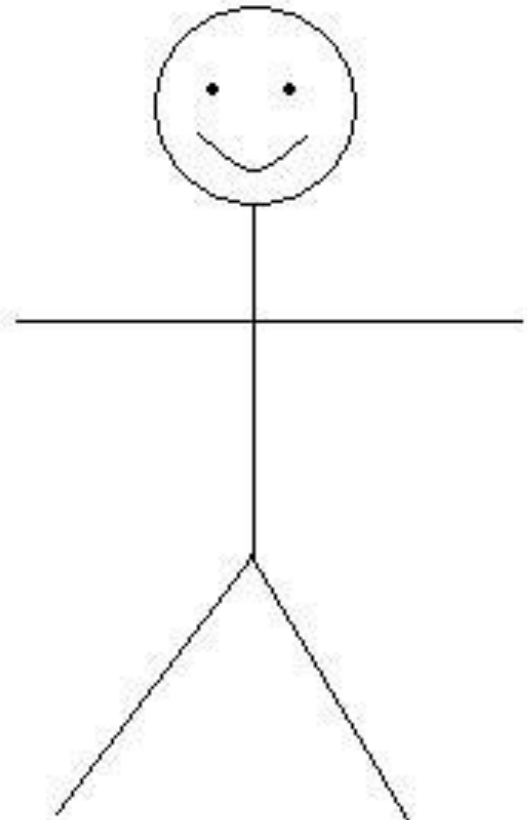
Move On succeeds in supporting young volunteers, aged 16 to 30 in sustaining their role as **peer educators**.

- Peer educators deliver fun and informative workshops to other young people, often by sharing their own experiences.

Our Volunteer Peer Educators

- Housing education volunteers – young people who have experienced homeless and/or being looked after (aged 16-28) deliver workshops on housing and independent living issues
- Inspiring Scotland volunteers – young people from any background (16-18) deliver workshops on peer pressure, bullying, risk-taking behaviour, offending behaviour, healthy choices, healthy relationships, future aspirations, active citizenship.

Volunteer example



< - - Jemima!

Move On provides volunteers with:

- A thorough recruitment process
- Interactive training
- Option to complete SCQF level 5
- One-to-one support
- Rickter scale personal development
- Lots of opportunities –workshops, conferences.....
- Expenses – travel, food, childcare
- Enhanced disclosure
- Approval from Social Work/Education department

The benefits of volunteer peer educators



- Valuable experience working with young people
- Boosts communication and social skills
- Level 5 SCQF qualification
- Get to meet lots of new people and make friends
- Boosts confidence and self-worth
- Respect
- Experience working in teams
- Get to hear a wide variety of different opinions

More Benefits

- It's fun!
- Organisational skills improve
- Be part of something positive
- Learn stuff about yourself
- Learn new information and skills
- References
- New opportunities
- Millennium Volunteer Award
- And free food of course!

move on 

move on 

Homeless Hopscotch

Other Move On games..



- Who wants to be a Hostellaire?
- Spin it to Win It?
- Life Hurdles
- Care Pairs
- Moveon-opoly
- And many more...

The benefits of peer education for a young participant



- Someone close to their age talking to them, i.e. not a teacher lecturing them
- Discussing topics that are relevant to them
- Get to ask questions without being judged
- A friendly environment in which they can relax
- Hearing real points of view
- Straight talk
- Fun games
- Advice and information to help them make informed choices in their life
- Hearing advice from someone who's been there and learning from their experiences
- Different opportunities



Some challenges of peer education


- Trust from schools and other organisations
- Recruiting volunteers
- Sustaining volunteers

Discussion points

- Are young people more likely to listen to a peer and will it help them make positive life choices?
- Does peer education take pressure off workers?
- What are the opportunities and barriers to using peer education in your area?

How does Move On support our peer educators?

The following process is used in recruiting, training and supporting our peer educators.



Recruitment



- Word of mouth
- Peer educators telling others about their experience
- Using good relationships with other organisations and the council
- Visiting youth groups, hostels
- Sample workshops – come and see what we do
- Funky posters

First Chat



(location: wherever the young person feels comfy and with or without a referring worker)

- Cups of tea and munchies
- Telling the person all about Move On
- Making them aware of disclosure process
- A laugh!!

Follow up meetings



- Why do you want to be involved?
- Expectations – ours and yours
- Young person gives us background information about their experiences
- Everything is confidential
- Munchies, tea and laughs

First group drop-in



- Informal first group meeting
- Guess what?..... munchies
- Play some icebreakers and *move on* games
- Get to know other volunteers and staff
- Peer support from experienced volunteers

Training with support



- One day a week training
- Training is fun, accessible with lots of interaction and discussion
- Support and supervision – informal and formal one-to-one meetings
- Peer support from experienced volunteers
- Lots of different organisations involved

Disclosure



- Young person is honest with us about any previous convictions
- Convictions aren't necessarily a barrier
- Pay for birth certificates
- Fill in the form with support if necessary

External approval

- Peer educator writes a letter of disclosure, if they have convictions
- Preparation for the interview
- Supportive interview from social worker or teacher, with Move On staff present
- Yippee! You made it!

Personal stories and workshops

- What do you want to share with others?
- What would you prefer to keep to yourself?
- Work it out with a member of staff

Yippee! U R a peer educator!

- Certificate & gift vouchers
- Doing workshops
- Coming to drop-ins
- Monthly volunteer meetings
- And loads more besides.....

What the young people said this year:

- Liked hearing about real stories
- People organising had personal experience which made the presentation more convincing
- Very informative, involved everyone
- Relaxed atmosphere & non-patronising
- It wasn't like a school lesson
- The guys were easy to speak to
- Inventive methods of education
- Awesome – Give Danny a pay rise!
- Very amusing 5 *****

Contacts



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